## **Workout Schedules Starting 9/21/20**

VVOI	Kout S	cneu	uies 3	tartii	ig 3/2	1/20		
Mondays	2:30pm	3:00pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm	
Varsity Softball Field								
JV Softball Field								
North End Zone								
South End Zone			Freshmai	n Footbal	II			
Left Field Baseball								
Right Field Baseball		Baseball Baseball						
Track	Tra	ack				Cross Country		
Tennis Courts			Girls '	Tennis				
Tuesdays	2:30pm	3:00pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm	
Varsity Softball Field	Fros	h VB	JV	VB	Va	rsity VB		
JV Softball Field								
North End Zone								
South End Zone			JV & V Football					
Left Field Baseball								
Right Field Baseball								
Track	Tra	ack				Cross Co	untry	
Tennis Courts			Boys	Tennis				
Wednesdays	2:30pm	3:00pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm	
Varsity Softball Field	Fros	h VB	JV	VB	Va	rsity VB		
JV Softball Field								
North End Zone		Freshman Football						
South End Zone			Tresimian rootban					
Left Field Baseball			Baseball					
Right Field Baseball				Do	asebali			
Track								
Tennis Courts		Girls Tennis						
Thursdays	2:30pm	3:00pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm	
Varsity Softball Field		h VB	-	VB	-	rsity VB	•	
JV Softball Field	1100		,,,		• • •			
North End Zone								
South End Zone		JV & V Football						
Left Field Baseball								
Right Field Baseball								
Track	Tra	ack				Cross Co	untry	
Tennis Courts			Bovs	Tennis		0.000		
Fridays	2:30pm	3:00pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm	
Varsity Softball Field								
JV Softball Field								
North End Zone								
South End Zone								
Left Field Baseball					II			
Right Field Baseball				Ва	aseball			
Track	İ					Cross Co	untry	

Volleyball					
JV & V Football					
Freshman Football					
Track					
Cross Country					
Girls Tennis					
Boys Tennis					
Baseball					